

2006 FALL/WINTER MENU WEEK 3

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	Oatmeal Scrambled eggs Wheat Toast	Cream of Wheat Hard Boiled Egg Muffin	Oatmeal Scrambled Eggs Raisin Toast	Cream of Wheat Pancakes Sausage	Oatmeal Omelet Coffee Cake	Cream of Wheat Scrambled Egg w/ Cheddar Cheese	Oatmeal Hard Boiled Egg Plain Donut
L U N C H	Veal Parmesan Ziti Oriental Vegetable Garlic Bread Cream Puff	Ham & Macaroni Bake Broccoli Apricots	Beef Burgundy Noodles Mixed Vegetables Fruit Crisp	Pork Medallions Cheesy Mashed Primavera Veg. Pumpkin Pie	Sausage, Peppers & Onions Bowtie Pasta Italian Green Beans Diced Pears	Breaded Flounder Rice Pilaf California Veg. Boston Cream Pie	Meatball Submarine Broccoli Cheese Cake
S U B	Chicken Fried Rice	Philly Cheese Steak w/ onions & peppers Corn & Pimento	Fish Cakes Mashed Potato	Stuffed Eggplant w/ Ricotta Spinach	Glazed Chicken Leg Mashed Potato	Chicken Dijonaise Biscuit	Pork & Veg Stir Fry Lo Mein Noodle
D I N E R	Split Pea Soup Chicken Patty on a Bun Versaille Blend Veg. Diced Peaches	Country Veg. Soup Grilled cheese and tomato Orange Cranberry Cake	Navy Bean Soup Tuna Salad on a Croissant Lettuce & Tomato Peanut Butter Cake	Mushroom, Spinach & Barley Soup Chicken Tenders Potato Wedges Oriental Vegetable Fruit Cocktail	Garbonzo & Tomato Soup w/ lentils Roast Beef on a Kaiser Roll Green & Yellow Bean Salad Devildog Cupcake	Chicken Vegetable Soup Beef & Macaroni Bake Carrots Chocolate Chip Cookie	Corn Chowder Bologna & Cheese on Rye Beet Salad Fruit Cobbler
S U B	Ham Salad on Pumperknickle	Chili Con Carne Tossed Salad	Beef Pot Pie French Beans & Carrots	Kielbasa & Bean Casserole	Cheese Blintz w/ fruit sauce	Egg Salad on a Bun	Tuna Melt

2006 FALL/WINTER MENU WEEK 2

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	Cream of Wheat Scrambled eggs Wheat Toast	Oatmeal Hard Boiled Eggs Muffin	Cream of Wheat Scrambled Eggs Raisin Toast	Oatmeal French Toast Bacon	Cream of Wheat Hard Boiled Eggs Coffee Cake	Oatmeal Scrambled Eggs Croissant	Cream of Wheat Hard Boiled Eggs English Muffin
L U N C H	Spaghetti & Meatballs Brittany Vegetable Garlic Bread Baked Sliced Apples	Sauerbraten Red Cabbage Potato Pancakes Gingerbread	Roast Pork Au Gratin Potatoes Winter Blend Veg. Rice Pudding	Manicotti Italian Green Beans Garlic Bread Sticks Coconut Custard Pie	Fried Chicken Mashed Potato Creamed Spinach Mandarin Oranges w/ pineapple tidbits	Stuffed Fish Baked Potato Butternut Squash Carrot Cake	Swedish Meatballs Egg Noodles Cortona Vegetable Apricots & Prunes
S U B	Chicken Pot Pie	Stuffed Cabbage Diced Carrots Dinner Roll	Chicken Francaise Peas & Mushroom	Sweet & Sour Pork Brown Rice	Shepards Pie Broccoli	Chicken Wings	Baked Chicken Thighs Mashed Potato Brussel Sprouts
D I N N E R	Minestrone Soup Italian Submarine Four Bean Salad Oatmeal Raisin Cookie	Cream of Mushroom Soup BBQ Chicken Leg Mashed Potato Rutabaga Diced Pears	Beef Vegetable Soup Fish Sandwich Lettuce & Tomato Potato Salad Peach Melba w/ cream	Hearty Vegetable & Bean Soup Omelet w/ Cheese Sausage V8 Juice Pineapple Upside Down Cake	Italian Meatball Soup Cheese Pizza Tossed Salad Ice Cream Sandwich	Chicken Rice Soup Cheeseburger Lettuce & Tomato French Fries Fruited Gelatin	Broccoli & Cheddar Soup Corned Beef on Rye Pickled Beets Apple Pie
S U B	Vegetable Quiche w/ Melon Wedge	Tuna Salad on a Bun	Chicken Tenders Mixed Vegetable	Chef Salad Dinner Roll	Turkey & Swiss on Rye coleslaw	Belgium Waffles Strawberry Sauce Whipped Topping	Egg Salad, Cucumber tomato and macaroni salad cold plate

2006 FALL/WINTER MENU WEEK 1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R E A K F A S T	Oatmeal Scrambled eggs English Muffin	Cream of Wheat Hard Boiled Egg Muffin	Oatmeal Omelet Raisin Toast	Cream of Wheat Pancakes Sausage	Oatmeal Scrambled Eggs w/ Cheddar Cheese Coffee Cake	Cream of Wheat Hard Boiled Egg Croissant	Oatmeal Scrambled Eggs Wheat Toast
L U N C H	Chicken Cacciatore Gemelli Pasta Bread Sticks Pound Cake w/ Plum Topping	Meatloaf Mashed Potato Peas Onions & Carrots Diced Peaches	Baked Ham Mashed Sweet Potato Creamed Corn Apple Betty	Beef Stroganoff Egg Noodles Broccoli Diced Pears	Sweet & Sour Chicken Oriental Rice Oriental Vegetable Pecan Pie	Veal Marsala Potato Wedges Brittany Vegetable Fruit Cocktail	Roast Turkey Stuffing Cortona Vegetable Dinner Roll Vanilla Pudding
S U B	Salmon Cake Herbed Rice Diced Carrots	Pastrami Reuben Coleslaw	Stuffed Pepper Wax Beans	Baked Chicken Leg Creamed Spinach	Liver & Onions Mashed Potato Peas	Fried Flounder Cauliflower	Stuffed Shells Italian Green Beans
D I N E R	Cauliflower Bisque Turkey Salad on Pumpkin Black Bean, Corn & Red Onion Salad Tropical Fruit Salad	Tomato Soup Bacon/Onion Quiche Zucchini Black Forest Cake	Cream of Veg. Soup Macaroni & Cheese Versaille Vegetable Apricots	Lentil Soup Fish Strips Mashed Potatoes Carrots Bread Pudding	Veg. Barley Soup Egg Salad on Wheat Green & Yellow Bean w/ red pepper & olive salad Mandarin Oranges	NE Clam Chowder Chicken Salad on Marble Rye Vegetable Pasta Salad Banana Cream Pie	Chicken Noodle Soup Hamburger on a Bun lettuce/tomato/pickle French Fries Fruited Gelatin
S U B	Liverwurst on Rye Lettuce/Onion	Hot Dog Sauerkraut	Chicken Tenders Mashed Potato	BBQ Riblet Baked Beans	Creamed Chicken w/ Vegetable on a Biscuit	Beef Stew dinner roll	Grilled Turkey & Cheese Coleslaw